# My Wind Phone

www.mywindphone.com









### What is a Wind Phone, also known as a Telephone of the Wind?

It's a simple yet profound concept; placing a rotary phone not connected to any earthly system in a peaceful place where anyone who wants to talk to someone can do so. It's a place where grievers can say I love you, I miss you and continue their relationship with the one who died. Wind Phones hold space for more than bereavement grief, such as the grief one feels over the loss of a job, a relationship, a home, and even hope to name a few.

The idea behind a Wind Phone is that one can express their feelings without judgment; the wind will take their words to the spirits of their loved ones who passed. Dialing the phone and quietly speaking private thoughts can empower visitors to move forward. The Wind Phone encourages conversations around grief and helps expand understanding within our communities. Today, we have identified approximately 107 versions of Wind Phones worldwide, including over 70 in the United States alone.

## The History of the Telephone of the Wind

The original Wind Phone was created in Japan by a man named Itaru Sasaki to talk with his deceased cousin through a "Telephone of the Wind." Staying connected with his cousin made his grief gentler and more manageable, allowing him to grow with his grief, not detach from it.

After the devastating tsunami hit Japan in 2011, Itaru opened his Wind Phone to others who lost their loved ones. People from all over Japan and worldwide travel to visit the Wind Phone to grieve and remember their loved ones in this way. You can read more about Itaru Sasaki at www.mywindphone.com



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#### Wind Phones are located in various settings, such as

- Public Parks & Hiking Trails
- Town Libraries
- Private Properties
- Cemeteries
- Hospice Centers
- College Campuses
- Veterinary Hospitals
- Camps and more

#### To read more about Wind Phones please visit www.mywindphone.com

This is where you can also locate a Wind Phone near you or gather ideas for creating one in your community. Or reach out to the person who provided you this information.



