

# Wind Phones for Children



Left to right: Tucson, AZ - Morristown, NJ - Westfield, CT, Villars-Burquin, Switzerland (2), Willowick, Ohio - Dallas, Texas



Oxford, Iowa

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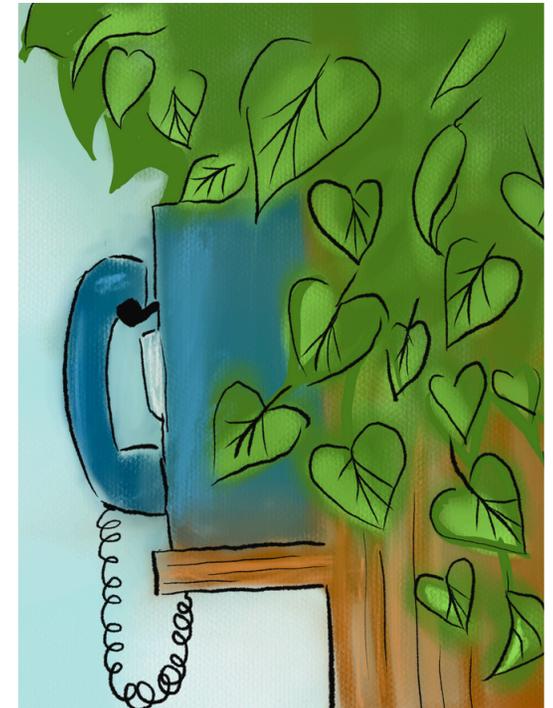
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# Wind Phones



The Wind Listens:  
How Wind Phones Help  
Children Heal

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## Teaching Grief

It's important to teach children about grief and help them understand that grief is a "normal" reaction to loss. Offering children support through coping strategies such as a Wind Phone can help them learn to manage their feelings in a healthy way.

## FAQ's

### How do we explain a Wind Phone to a child?

When explaining a Wind Phone to a child, you might say: "A Wind Phone is a special place where we can talk to some one we miss who has passed away. It's like having a conversation with them through the wind. We can share our thoughts, feelings, and memories, and it helps us feel close to them even though they are not here. It's a way to keep our connection with them strong."

### Do you have tips for using a Wind Phone?

- Invite families to visit the Wind Phone as a group to create a shared experience.
- Remind children that they can take their time when speaking; there's no need to rush.
- After using the Wind Phone, talk about the feelings and thoughts that came up during the visit.

## How Wind Phones Help Children with Grief

### Safe Expression:

Wind Phones offer a supportive environment where children can freely voice their feelings and thoughts. This may encourage them to articulate emotions that might be hard to express to others.

### Sense of Connection:

Wind Phones foster a connection to their loved ones, promoting ongoing communication. This can also encourage conversations about their memories and feelings.

### Ritual and Routine:

Creating a routine of visiting the Wind Phone can bring comfort and stability during the grieving process. It provides a meaningful way to honor and remember loved ones.

### Community and Support:

Wind Phones are often located in community spaces, giving children a chance to connect with others who are going through similar experiences. This environment helps create a sense of solidarity and understanding among those who are grieving.

### Imaginative Play:

It encourages children to use their imagination, helping them create their own stories about their loss. This approach supports emotional exploration and healing through creative expression.



Ohio

## Children's Books

About Wind Phones & Grief

Calling the Wind: A Story of Healing and Hope by Trudy Ludwig, and Kathryn Otoshi

The Phone Booth in Mr. Hirota's Garden by Heather Smith and Rachel Wada

MY *Wind* PHONE<sup>®</sup>  
Let The Wind Take Your Words

If you would like more information about Wind Phones, please email [hello@mywindphone.com](mailto:hello@mywindphone.com)